

Registration Form

Please detach and return with The Arc Gloucester Life Long Learning Program Application

Please indicate 1st and 2nd choice:

- Health & Wellness "Smoothy Spa" (\$100)
- Health & Wellness "Ballroom Dancercise!" (\$120)
- Fine Arts "Painting with Pop!" (\$100)
- Arts & Crafts "Crafts Galore & More!" (100)
- Performing Arts "Superhero Squad!" (\$100)

- Advanced registration is required.
- Payment must be included with registration
(*No Refunds Apply*)
- Make all checks payable to The Arc Gloucester

Check here if tuition will be paid through your Self Directed Budget

Please provide:

Support Coordinator _____

Phone: _____

Email: _____

Student Name: _____

Address: _____

Phone: _____

E-Mail: _____

Mission Statement

The Arc Gloucester is a team of caring people motivated to help individuals with intellectual and development disabilities and their families reach their highest potential through advocacy, education and quality services.

Vision Statement

The Arc Gloucester is dedicated to making a difference and improving the quality of life for individuals with intellectual and developmental disabilities and their families.

Class size is limited Register Early!

Please detach registration form and return with payment and completed LLL Program Application by September 9th to:

Brenda Scardefield at
The Arc Gloucester
1555 Gateway Blvd.
West Deptford, NJ 08096

For more information please contact
856-848-8648

bscardefield@thearcgloucester.org
www.thearcgloucester.org

Life Long Learning

Evening Classes for
Adults age 21+

Sponsored by



Fall 2016
Registration Form



The **Life Long Learning** Program is dedicated to providing opportunities for individuals to pursue their interests in an inclusive, fun-filled community environment.

Semester Class Dates

- Monday, September 19, 2016
- Monday, September 26, 2016
- Monday, October 3, 2016
- Monday, October 10, 2016 (NO CLASS)
- Monday, October 17, 2016
- Monday, October 24, 2016
- Monday, October 31, 2016 (NO CLASS)
- Monday, November 7, 2016
- Monday, November 14, 2016
- Monday, November 21, 2016 *closing ceremony*

Time: 6:30 pm - 8:30 pm

Location: Classes are held at:
Bankbridge Regional School
870 Bank Bridge Blvd.,
Sewell, NJ 08080

Registration Deadline:
Friday, September 9, 2016

Life Long Learning courses qualify for your **Self Directed Budget**.

Cancellation Policy We are unable to refund any payments for cancellations.

Parent Participation - family members and/or guardians are invited to volunteer, help or register to attend classes.

Volunteers are welcome and interested individuals are encouraged to contact The Arc Gloucester for more information (856-848-8648).

Course Descriptions

Health & Wellness “Smoothy Spa”

Instructor - Robyn Blanchard, RN

Pamper yourself in this one of a kind smoothy spa. In the first half of the class, you will learn how to create your own delicious and nutritious smoothy drink in a healthy kitchen with fresh fruits and vegetables. When you return from your break, the kitchen will be converted into a healthy food spa where you will learn how to use natural foods to enhance the appearance of your skin, hair and nails. This unique class will be presented with an upbeat format by a licensed registered nurse and cosmetologist.

Health & Wellness “Ballroom Dancercise!”

Instructors - professional dancers from Ballroom Dancing for a Better U

Do you love to dance? Did you know that ballroom dancing is a form of exercise? Come join us and find out! You will improve your health, build up your self-confidence, and make new friends while learning dances like the Hustle, Tango, Fox Trot, Merengue and Cha Cha!

Fine Arts “Painting with Pop”

Instructor - Stephanie Littleton

Welcome to the wonderful world of painting. In this class, be ready to get a little messy as we make works of art that pop right off the canvas! Come and enjoy the company of others while you learn how to paint masterpieces of your very own.

Arts & Crafts “Crafts Galore & More!”

Instructor - Karen Spieker

Enjoy with us the upcoming seasonal Fall holidays that will provide the inspiration for our fabulous craft activities to include painting, printing, felting, gluing, mod podge, sculpting, weaving and mosaics. Supplies will not only come from the art store and my now famous “little red craft wagon”, but we will also utilize found nature items, everyday objects and even recycled materials. It all comes together for you to complete beautiful keepsake projects! You only need to bring a creative spirit and a smile!

Performing Arts “Super Hero Squad!”

Instructor - Francyne Zeoli

POW!- BAM!- BOOM! Heighten your imagination by pretending to leap & scale tall buildings at a single bound. Jump and fly high-up in the sky to rescue innocent bystanders & save the world! Explore your favorite super hero powers and engage in exciting friendly fights against crime!